

Fresh Home Made Menu

MAIN MEALS—\$8.00 (MINI MEALS—\$6.20)

	Beef Casserole with Creamy Mash (GF)
	Beef & Black Bean with Rice & Vegetables
	Beef Korma with Rice & Vegetables
	Butter Chicken with Rice & Vegetables
	Chicken Cacciatore with Pasta & Vegetables
	Chicken Mild Curry with Rice
	Chicken Schnitzel with Gravy & Seasonal Vegetables
	Cottage Pie & Vegetables (GF)
	Crumbed Fish with Potato Bake & Vegetables
	Lasagne with Vegetables (GF)
	Meatloaf with Seasonal Vegetables
	Pasta Bolognese & Vegetables (GF)
	Roast Beef & gravy with Baked Vegetables (GF)
	Roast Chicken & gravy with Baked Vegetables (GF)
	Roast Lamb & gravy with Baked Vegetables (GF)
	Roast Pork & gravy with Baked Vegetables (GF)
	Rosemary Chicken & rice with Seasonal Vegetables
	Salmon Rissolos with Vegetables
	Sausages with Onion Gravy, Creamy Mash & Vegetables (GF)
	Silverside with White Sauce & Vegetables (GF)
	Sweet & Sour Pork with Rice & Vegetables
	Sweet Lamb Casserole with Rice
	Teriyaki Chicken with Rice & Vegetables
	Vegetable Lasagne with Vegetables (GF, V)
	FRESH SALADS— Salad with cold meat (GF) —\$8.50
	(without meat \$8.00 (GF, V) —must specify)
	HOME MADE SOUP\$—\$4.50
	HOME MADE DESSERT\$—\$4.50
	ASSORTED SANDWICHES—\$5.50
	JUICE—\$1.00

GF—Gluten Free

V—Vegetarian

(prices effective from 1 August 2026)



Note: due to demand some meals are not always available

Non-gravy options are available on request.
Notice is required to receive these.



WSACCI t/as IC CARE

Phone: 4677 2524

Email: enquiries@iccare.org.au

65 Menangle Street

PO Box 74

PICTON NSW 2571





Fresh Home Made Menu (prices effective from 1 August 2026)

SOUPS—\$4.50

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|--------------------------|--------------------------|
| ☐ | Beef & Barley |
| ☐ | Beef & Vegetable (GF) |
| ☐ | Chicken & Vegetable (GF) |
| ☐ | Pea & Ham (GF) |
| ☐ | Pumpkin (GF, V) |



DESSERTS—\$4.50

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|--------------------------|---|
| ☐ | Apple & Berry Crumble with custard (GF, V) |
| ☐ | Chocolate Self Saucing Pudding with custard (GF, V) |
| ☐ | Lemon Self Saucing Pudding with custard (GF, V) |
| ☐ | Rice Pudding and fruit (GF, V) |
| ☐ | Sticky Date Pudding and custard (GF, V) |



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Menu updated Feb 2024